

LIBRACIN NATURAL MEDICINE IND. LTD



WEIGHT LOSS

- CAUSES & NATURAL REMEDY -

Dr. Bestman Anyatonwu

MEANING

Weight loss, in the context of medicine, health, or physical fitness, refers to a reduction of the total body mass, due to a mean loss of fluid, body fat or adipose tissue or lean mass, namely bone mineral deposits, muscle, tendon, and other connective tissue.

Weight loss can either occur unintentionally due to malnourishment or an underlying disease or arise from a conscious effort to improve an actual or perceived overweight or obese state.

"Unexplained" weight loss that is not caused by reduction in calorific intake or exercise is called cachexia and may be a symptom of a serious medical condition. Intentional weight loss is commonly referred to as slimming.

CAUSES

Unintentional weight loss is when you lose weight without dieting or increasing physical activity. It may occur following a loss of appetite or when you're consuming the same number of calories as usual. Either way, it's usually a cause for concern.

Unintentional weight loss can be extremely distressing, particularly when you lose a relatively significant amount and don't know why. Unintentional weight loss could be a sign of serious illness or disease, or it could be something as minor as a stomach virus. Unintentional weight loss is most prevalent in people with pre-existing medical conditions.

Some people who experience this symptom suffer from a variety of diseases including cancer, AIDS, and depression.

Unintentional weight loss is often the result of an underlying chronic medical condition. However, short-term illnesses such as influenza or

the common cold can also cause weight loss due to abdominal discomfort.

Common causes of unintentional weight loss include depression, diarrhoea, oral ulcers, and viral infections, such as the common cold, that can affect appetite.

Other, less common causes of unintentional weight loss include cancer, hyperthyroidism (overactive thyroid gland), abdominal infection, gastroenteritis, dementia, celiac disease, and HIV or AIDS.

Long periods of weight loss can lead to malnutrition. Malnutrition occurs when you aren't consuming a proper amount of nutrients. This can be especially true for those with a digestive disorder such as celiac disease, which affects how the body absorbs nutrients.

WHAT ARE THE SYMPTOMS OF UNINTENTIONAL WEIGHT LOSS?

Depending on what caused the weight loss, symptoms vary widely. You may notice a change in the way your clothes fit, or in the shape of your face, since that is an area where many people can see initial weight loss effects. However, some people are unaware that they've lost weight until they weigh themselves.

Unintentional weight loss due to an illness may occur along with fever, loss of appetite, abdominal discomfort or pain, diarrhoea, or constipation.

Children who have unintentional weight loss may also have changes in appetite, fussiness over certain foods, physically smaller stature (if over the long term), abdominal pain, or fever.

Certain medications can cause unintentional weight loss as a side effect. If you're on any medication and experience noticeable weight loss, consult with your doctor.

HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

- A. Libracin Herbal Tablet <http://libracin.com/product/libracin-herbal-tablet>
- B. Neem Tea <http://libracin.com/product/neem-tea-plus-vernonia-bitters/>
- C. Herblin <http://libracin.com/product/herblin-complex/>
- D. Nutri-Shield <http://libracin.com/product/nutri-shield-herbal-extract>



CONTACT US



LIBRACIN
NATURAL MEDICINE IND. LTD.
enriching lives for better

123 Ulasi Road, Aba/P.O.Box 3365, Aba, Abia State, Nigeria

Phone: (234) 08037504426, 08132836825, 07038595483, 08038920771, 08052978050, 08179705615,
09092986907, 08107508177, 09067998409, 09068750055, 09065449561

Email: info@libracin.com OR libracinweb2@yahoo.com

www.facebook.com/libracinnaturalmedicine

www.libracin.com

BRANCHES

LAGOS:

OSHODI:

447, 2nd Floor (back) Agege Motor way,
Bolade Bus stop, Oshodi Lagos State.
09065409970, 08035258845.

SURULERE:

1B Adeniyi Adefloye Street,
Marsha -Kilo Link Road,
Car Wash, Ikate Surulere, Lagos State.
09067687536, 08156811248
09079852695, 08170715107

ABUJA FCT:

KUBWA:

Hadza Plaza,
Opposite Channel 8 Junction,
Kubwa Abuja, FCT.
08104248293, 08060738106

ZUBA:

Shop No B4, Zuba Plaza,
Zuba, Abuja FCT.
09094061768, 09060823886

DUTSEN:

Shop 60/61 MMG Shopping Complex,
1st Gate, Dutsen Alhaji, Abuja FCT.
07068259254, 09060732488

BWARI:

Atanu Plaza, Beside Peace Park,
Opposite Bwari Market, Bwari Abuja FCT.
08138622678, 09065450205

MARARABA:

Fortress Plaza, Shop No. C7 2nd Floor,
Abuja/Kiffi Exp. Way, Sharp Corner,
Mararaba, Abuja FCT.
08100784750, 09060942743

MPAPE:

Ansar Plaza,
Suit No. 109 By Oceanic/Begger Junction,
Mpape, Abuja FCT.
08066745186, 09064999439

KURUDU:

De-Bright Plaza, Kurudu Junction,
By Orozo/Karshi Road, Abuja FCT.
09036188267, 09068730988