

# VAGINAL DISCHARGE

**CAUSES & NATURAL REMEDY** 

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# **MEANING**

Vaginal discharge is referred as irritation or vaginal and vulva, redness, intense itching, odour, discharge of mucus and pain during intercourse.

# **CAUSES**

A mucous discharge from the vagina is normal during the childbearing years, especially as path of the menstrual cycle. The discharge may be abnormal if it is excessive, yellow or green, odorous or offensive smell and causes irritation or itching.

The body to eliminate abnormal toxins uses abnormal discharge, but this discharge can become abnormal when there is a bad-eating habit because of the modern western diet; where discharge problems have been quite common.

The diet is loaded with fat, which stimulates fat cells throughout the body to produce oestrogen.

The lack of fibre diet, along with excess oestrogen encourages the growth of intestinal bacteria which coverts bile acid into additional oestrogen like Hormones.

Another is by used of birth control pills, which affect the mucous Membranes of the virgins. Increasing or decreasing the discharge, they disrupt normal vaginal health by causing it to be become too alkaline.

This condition encourages the growth of bacteria and the fungus known as Candida albicans.

Allergies are another cause of abnormal discharge, especially food additives and Colonies and Synthetics food.

# **HERBAL REMEDY**

# Libracin herbal tea alternatives like:

- A. Libracin Herbal Tablet https://libracin.com/product/libracin-herbal-tablet/
- B. Aloe Vera https://libracin.com/product/aloe-vera-plus-vernonia-bitters-sp/
- C. Bitters Tablet <a href="https://libracin.com/product/bitters-of-green-herbal-tablet-sp/">https://libracin.com/product/bitters-of-green-herbal-tablet-sp/</a>
- D. Multi Herbal Tea https://libracin.com/product/multi-herbal-tea
- E. Nutrishield <a href="https://libracin.com/product/nutrishield-herbal-extract">https://libracin.com/product/nutrishield-herbal-extract</a>
- F. Neem Tea https://libracin.com/product/neem-tea-plus-vernonia-bitters/







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# BRANCHES

### LAGOS:

## OSHODI:

447, 2nd Floor (back) Agege Motor way, Bolade Bus stop, Oshodi Lagos State. 09065409970, 08035258845.

## SURULERE:

1B Adeniyi Adefioye Street, Marsha -Kilo Link Road, Car Wash, ikate Surulere, Lagos State. 09067687536, 08156811248 09079852695, 08170715107

### ABUJA FCT:

# KUBWA:

Hadza Plaza, Opposite Channel 8 Junction, Kubwa Abuja, FCT. 08104248293, 08060738106

ZUBA:

Shop No B4, Zuba Plaza, Zuba, Abuja FCT. 09094061768, 09060823886

Shop 60/61 MMG Shopping Complex, 1st Gate, Dutsen Alhaji, Abuja FCT. 07068259254, 09060732488

BWARI:

Atanu Plaza, Beside Peace Park, Opposite Bwari Market, Bwari Abuja FCT. 08138622678, 09065450205

MARARABA: Fortress Plaza, Shop No. C7 2nd Floor, Abuja/Kiffi Exp. Way, Sharp Corner, Mararaba, Abuja FCT. 08100784750, 09060942743

MPAPE:

Ansar Plaza, Sult No. 109 By Oceanic/Begger Junction, Mpape, Abuja FCT. 08066745186, 09064999439

KURUDU:

De-Bright Plaza, Kurudu Junction, By Orozo/Karshi Road, Abuja FCT. 09036188267, 09068730988