

LIBRACIN NATURAL MEDICINE IND. LTD



**PAINFUL
URINATION**

CAUSES & NATURAL REMEDY

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MEANING

Painful urination is a broad term that describes discomfort during urination. This pain may originate in the bladder, urethra, or perineum. The urethra is the tube that carries urine outside of your body. In men, the area between the scrotum and the anus is known as the perineum. In women, the perineum is the area between the anus and the opening of the vagina. Painful urination is very common. Pain, burning, or stinging can indicate a number of medical conditions.

CAUSES

Painful urination is a common sign of a urinary tract infection (UTI). A UTI can be the result of a bacterial infection. It can also be due to inflammation of the urinary tract.

The urethra, bladder, ureters, and kidneys make up your urinary tract. The ureters are tubes that carry urine from the kidneys to the bladder. Inflammation in any of these organs can cause pain during urination.

According to the Mayo Clinic, women are more likely to develop urinary tract infections than men. This is because the urethra is shorter in women than it is in men. A shorter urethra means that bacteria have a shorter distance to travel to reach the bladder. Women who are pregnant or menopausal also have an increased risk of developing urinary tract infections. Other medical conditions can cause painful urination in men and women.

Men may experience painful urination due to prostatitis. This condition is the inflammation of the prostate gland. It's a primary cause of urinary burning, stinging, and discomfort.

You may also experience pain when urinating if you have a sexually transmitted infection (STI). Some STIs that may cause painful urination include genital herpes, gonorrhoea, and chlamydia. It's important to be screened for these infections, especially because they don't always have symptoms. Certain sexual practices will put you at a

higher risk for STIs, such as having sex without a condom, or sex with multiple partners. Anyone who is sexually active should get tested for STIs.

Another cause of painful urination is cystitis, or the inflammation of the bladder's lining. Interstitial cystitis (IC) is also known as painful bladder syndrome. It's the most common type of cystitis.

Symptoms of IC include pain and tenderness in the bladder and pelvic region. You may have difficulty urinating comfortably if you have kidney stones. Kidney stones are masses of hardened material located in the kidneys.

Sometimes painful urination isn't due to an infection. It can also be due to products that you use in the genital regions. Soaps, lotions, and bubble baths can irritate vaginal tissues. Dyes in laundry detergents and other toiletry products can also cause irritation and lead to painful urination.

Below is a list of possible causes in order from the most common to the least.

1. **Obstructive Uropathy:** Obstructive uropathy happens when your urine flow reverses direction due to a blockage in a ureter.
2. **Kidney Stones:** Kidney stones are solid masses of crystalized calcium or other substances that originate in the kidneys but can pass through the urinary tract. The greatest risk factor is making less than one litre of urine per day.
3. **Urinary Tract Infection:** UTIs are usually caused by bacteria and can occur in any part of the urinary tract. Symptoms of upper UTIs include pain in the upper back, chills, fever, and nausea.
4. **Urethral Stricture:** Usually the urethra is wide enough for urine to flow freely through it. When it narrows, it can restrict urinary flow. This is known as a urethral stricture.

5. **Bladder Infection:** A bladder infection is a bacterial infection. It also may be called a urinary tract infection (UTI), which refers to infection anywhere in the urinary tract, including the bladder, kidneys, ureters, or urethra.
6. **Urethritis:** Urethritis is a condition in which the urethra, or the tube that carries urine from the bladder to outside the body, becomes inflamed and irritated.
7. **Prostatitis:** Prostatitis is inflammation of the prostate gland. Learn more about its symptoms and how your doctor can treat it.
8. **Pelvic Inflammatory Disease (PID):** Pelvic inflammatory disease (PID) is an infection of the reproductive organs in women. It's marked by pain in the abdomen, especially during urination or sex.
9. **Bladder Cancer:** The exact cause of bladder cancer is unknown. Learn about its symptoms, diagnosis, and treatment.
10. **Bladder Neck Obstruction:** Find information on bladder neck obstruction symptoms, causes, diagnosis, and treatment.
11. **Gonorrhoea:** Gonorrhoea is a sexually transmitted disease that affects warm, moist areas of the body. Early symptoms include pain when urinating and discharge.
12. **Renal Cell Cancer:** Renal cell carcinoma is the most common kind of kidney cancer found in adults. Often aggressive, it occurs when cancer cells grow uncontrollably in the lining of the tubules of the kidney, causing many possible symptoms.
13. **Vulvovaginitis:** Vulvovaginitis is a common infection of the vulva and vagina. Symptoms may include itching, discomfort while urinating, and increased vaginal discharge.
14. **Menopause:** Menopause is a natural biological process in women that marks the permanent end of menstruation and fertility. Hot flashes, vaginal dryness or pain, and frequent urination are signs.

15. **Urologic Diseases:** Urologic diseases are a wide variety of conditions, all related to the processing and carrying of urine out of the body. They can affect people of all ages.
16. **Dyspareunia:** Dyspareunia is painful sexual intercourse. The same term is used whether the pain results from a medical or a psychosocial problem.
17. **Postmenopausal Atrophic Vaginitis:** Postmenopausal atrophic vaginitis normally occurs after menopause. The condition can lead to increased vaginal infections and may make sexual intercourse painful.
18. **Vaginal Yeast Infection:** Vaginal yeast infections cause irritation, itching, swelling, and discharge. Most women will get an infection at least once in their life.
19. **Epididymitis:** Epididymitis is an inflammation of the epididymis, a tube located at the back of the testicles. Learn about epididymitis symptoms, diagnosis, and treatment.
20. **Pyelonephritis:** Pyelonephritis is an inflammation of the kidney and upper urinary tract. Symptoms include flushed skin, back pain, fever, and nausea.
21. **Chronic Nonbacterial Prostatitis:** Chronic nonbacterial prostatitis is a condition that causes pain and inflammation in the prostate and the lower urinary tract in men.
22. **Chlamydia Infection:** Chlamydia is a sexually transmitted disease that should be treated quickly in order to avoid complications. It is caused by bacteria that are usually spread through sexual contact.
23. **Orchitis:** Orchitis is the inflammation of the testicles. It can be caused by either a bacterial or viral infection. It's commonly caused by the mumps virus.
24. **Reactive Arthritis (Reiter's Syndrome):** Reactive arthritis is a type of arthritis triggered by an infection in the body.

25. **Benign Enlargement of Prostate:** Benign enlargement of the prostate is a common condition in which your prostate gland swells beyond normal size.
26. **Transitional Cell Cancer (Malignant Neoplasm of Ureter):** The renal pelvis and the ureter are lined with specific types of cells called transitional cells. Cancer begins in the transitional cells.
27. **Genital Herpes:** Genital herpes is a sexually transmitted infection (STI). This STD causes herpes sores, which are painful blisters (fluid-filled bumps) that can break open and ooze fluid. According to the Centers for Disease Control.
28. **Vulvar Cancer:** Vulvar cancer is a cancer of the vulva, or a female's external genitals. Learn about the symptoms, causes, risk factors, diagnosis, and treatment of vulvar cancer.
29. **Acute Prostatitis:** Acute prostatitis is the sudden onset of inflammation in your prostate. Learn how to recognize and treat this uncomfortable condition.
30. **Hydronephrosis:** Hydronephrosis is a condition that typically occurs when one kidney swells due to the failure of normal drainage of urine from the kidney to the bladder.
31. **Cystitis:** Cystitis is inflammation of the bladder. Most often it is caused by a bacterial infection known as a urinary tract infection (UTI).
32. **Acute Infective Cystitis:** Acute cystitis is a sudden inflammation of the bladder.

HERBAL REMEDY

Libracin herbal alternative is suitable to cure painful urination:

- A. Libracin Herbal Tablet <http://libracin.com/product/libracin-herbal-tablet/>?
- B. Neem Tea <http://libracin.com/product/neem-tea-plus-vernonia/>
- C. Aloe Vera <http://libracin.com/product/aloe-vera-plus-bitters-aloes-SP/>
- D. Bounty <http://libracin.com/product/bounty-herbal-tea/>
- E. Stage-A Herbal Tea <http://libracin.com/product/stage-a-herbal-tea/>



CONTACT US



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BRANCHES

LAGOS:

OSHODI:

447, 2nd Floor (back) Agege Motor way,
Bolade Bus stop, Oshodi Lagos State.
09065409970, 08035258845.

SURULERE:

1B Adeniyi Adefloye Street,
Marsha -Kilo Link Road,
Car Wash, Ikate Surulere, Lagos State.
09067687536, 08156811248
09079852695, 08170715107

ABUJA FCT:

KUBWA:

Hadza Plaza,
Opposite Channel 8 Junction,
Kubwa Abuja, FCT.
08104248293, 08060738106

ZUBA:

Shop No B4, Zuba Plaza,
Zuba, Abuja FCT.
09094061768, 09060823886

DUTSEN:

Shop 60/61 MMG Shopping Complex,
1st Gate, Dutsen Alhaji, Abuja FCT.
07068259254, 09060732488

BWARI:

Atanu Plaza, Beside Peace Park,
Opposite Bwari Market, Bwari Abuja FCT.
08138622678, 09065450205

MARARABA:

Fortress Plaza, Shop No. C7 2nd Floor,
Abuja/Kiffi Exp. Way, Sharp Corner,
Mararaba, Abuja FCT.
08100784750, 09060942743

MPAPE:

Ansar Plaza,
Suit No. 109 By Oceanic/Begger Junction,
Mpape, Abuja FCT.
08066745186, 09064999439

KURUDU:

De-Bright Plaza, Kurudu Junction,
By Orozo/Karshi Road, Abuja FCT.
09036188267, 09068730988