

LIBRACIN NATURAL MEDICINE IND. LTD



FIBROID

- CAUSES & NATURAL REMEDY

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MEANING

Fibroids are non-cancerous (benign) tumours that grow from the muscle layers of the uterus (womb). They are also known as uterine fibroids, leiomyomas, or myomas. Fibroids are growths of smooth muscle and can vary from the size of a bean to as large as a melon.

Fibroids affect at least 20 percent of all women at some point in their life.

Women of reproductive age are the most likely to develop them. Also, overweight and obese women have a significantly higher risk of developing fibroids, compared with women of normal weight.

Four types of fibroids

There are four types of fibroids, characterized by their location in the uterus:

1. **Intramura:** Located in the wall of the uterus, this is the most common type.
2. **Subserosal Fibroids:** Located outside the wall of the uterus but underneath the tissue layer that surrounds the uterus. They can develop into pedunculate fibroids (stalks) and become quite large.
3. **Submucosal Fibroids:** Located in the muscle beneath the lining of the uterus wall. This type can protrude into the cavity of the uterus.
4. **Cervical Fibroids:** Located in the neck of the womb (the cervix).

SYMPTOMS:

Your symptoms will depend on the location and size of the tumour(s) and how many tumours you have. If your tumour is very small, or if you are going through menopause, you may not have any symptoms. Fibroids may shrink during and after menopause.

Miscarriage, high blood pressure, vaginal discharge, pale skin. Most women have no symptoms, but around 1 in 3 will experience symptoms, which may include:

- Anaemia (as a result of heavy periods)
- Backache
- Constipation
- Discomfort in the lower abdomen (especially if fibroids are large)
- Frequent urination
- Heavy, painful periods
- Pain in the legs
- Painful sex
- Swelling in the lower abdomen (especially if fibroids are large)

Other possible symptoms of uterine fibroids include:

- Labour problems
- Pregnancy problems
- Fertility problems
- Repeated miscarriages

Other Symptoms of fibroids may include:

- heavy bleeding between or during your periods that includes blood clots
- pain in the pelvis and/or lower back
- increased menstrual cramping
- increased urination
- pain during intercourse
- menstruation that lasts longer than usual
- pressure or fullness in your lower abdomen
- swelling or enlargement of the abdomen

CAUSES:

Caffeine may increase the risk of fibroids. Experts cannot come to a common consensus about why fibroids occur.

During a woman's reproductive years, estrogen and progesterone levels are high. When estrogen levels are high, especially during pregnancy, fibroids tend to swell. When estrogen levels are low, fibroids may shrink, for example, during a woman's menopause.

Heredity may also be a factor; women whose close relatives have had fibroids have a higher risk of developing them. There is also some evidence that red meats, alcohol, and caffeine could increase the risk of fibroids. Also, an increased intake of fruit and vegetables might reduce the risk.

HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

- Phyto Bliss:** <http://libracin.com/product/phyto-bliss/>
- Stage A:** <http://libracin.com/product/stage-a>
- Queek Triim:** <http://libracin.com/product/neem-tea-plus-vernonia-bitters/>
- Multi:** <http://libracin.com/product/neem-tea-plus-vernonia-bitters/>
- Aloe Vera:** <http://libracin.com/product/libracin-herbal/>
- Neem Tea:** <http://libracin.com/product/neem-tea-plus-vernonia-bitters/>
- Nutrishield:** <http://libracin.com/product/nutrishield/>



CONTACT US



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BRANCHES

LAGOS:

OSHODI:

447, 2nd Floor (back) Agege Motor way,
Bolade Bus stop, Oshodi Lagos State.
09065409970, 08035258845.

SURULERE:

1B Adeniyi Adefioye Street,
Marsha -Kilo Link Road,
Car Wash, Ikate Surulere, Lagos State.
09067687536, 08156811248
09079852695, 08170715107

ABUJA FCT:

KUBWA:

Hadza Plaza,
Opposite Channel 8 Junction,
Kubwa Abuja, FCT.
08104248293, 08060738106

ZUBA:

Shop No B4, Zuba Plaza,
Zuba, Abuja FCT.
09094061768, 09060823886

DUTSEN:

Shop 60/61 MMG Shopping Complex,
1st Gate, Dutsen Alhaji, Abuja FCT.
07068259254, 09060732488

BWARI:

Atanu Plaza, Beside Peace Park,
Opposite Bwari Market, Bwari Abuja FCT.
08138622678, 09065450205

MARARABA:

Fortress Plaza, Shop No. C7 2nd Floor,
Abuja/Kiffi Exp. Way, Sharp Corner,
Mararaba, Abuja FCT.
08100784750, 09060942743

MPAPE:

Ansar Plaza,
Sult No. 109 By Oceanic/Begger Junction,
Mape, Abuja FCT.
08066745186, 09064999439

KURUDU:

De-Bright Plaza, Kurudu Junction,
By Orozo/Karshi Road, Abuja FCT.
09036188267, 09068730988