

CAUSES & NATURAL REMEDY

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MEANING

Diarrhoea — or loose, watery bowel movements that occur more frequently than usual — is one of the most commonly reported ailments in the United States (second only to respiratory infection), according to the American College of Gastroenterology (ACG).

While diarrhoea does not typically cause serious complications for most patients, it can be a fatal ailment for young children, especially those who are malnourished or have compromised immune systems, according to the World Health Organization (WHO).

TYPES OF DIABETES:

A bout of diarrhoea that lasts no more than two weeks is referred to as acute diarrhoea and is most often caused by a viral infection, according to the ACG. The most common diarrhoea-causing virus for adults is norovirus, which is often referred to as "cruise ship diarrhoea" due to its unfortunate tendency to infect sea-faring vacationers. Rotavirus, another diarrhoea-inducing virus, is very common in young children.

A common cause of acute diarrhoea is parasites, which can be ingested when a person consumes contaminated food or water.

Diarrhoea that lasts longer than four weeks is known as chronic diarrhoea. Like acute diarrhoea, chronic diarrhoea has many causes. These causes include:

- Infectious causes (most commonly parasites)
- Osmotic and malabsorption causes (which result in too much water being absorbed into the bowel), such as Celiac disease and lactose intolerance
- Inflammatory causes, such as ulcerative colitis or Crohn's disease
- Intestinal ischemia, or lessened blood flow to the intestine.
- Certain cancer therapies, like radiation
- Certain medications, such as antibiotics

"Diarrhoea can be nothing to worry about, or it can be potentially lifethreatening," who explained that the underlying cause of a patient's diarrhoea is what determines the seriousness of this uncomfortable ailment. The primary complication of diarrhoea is dehydration caused by the loss of large amounts of water, salt and nutrients.

Dehydration can lead to other serious conditions such as low blood pressure, seizures, kidney failure or even death.

Those with ongoing diarrhoea should seek medical attention if they experience:

- Dark urine or small amounts of urine
- Rapid heart rate
- Dry, flushed skin
- Headaches or light-headedness
- Fatigue
- Irritability or confusion
- Severe abdominal or rectal pain
- Blood in the stool or black, tar-like stools

HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

- a) Neem Tea: http://libracin.com/product/neem-tea-plus-vernonia-bitters/
- b) **Stage-A:** http://libracin.com/product/stage-a-herbal-tea/
- c) **Nutrishield:** http://libracin.com/product/nutrishield/
- d) **Bitters of Green:** http://libracin.com/productbitters-of-green-complex/







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BRANCHES

LAGOS:

OSHODI:

447, 2nd Floor (back) Agege Motor way, Bolade Bus stop, Oshodi Lagos State. 09065409970, 08035258845.

SURULERE:

1B Adeniyi Adefioye Street, Marsha -Kilo Link Road, Car Wash, ikate Surulere, Lagos State. 09067687536, 08156811248 09079852695, 08170715107

ABUJA FCT:

KUBWA:

Hadza Plaza, Opposite Channel 8 Junction, Kubwa Abuja, FCT. 08104248293, 08060738106

Shop No B4, Zuba Plaza, Zuba, Abuja FCT. 09094061768, 09060823886

DUTSEN:

Shop 60/61 MMG Shopping Complex, 1st Gate, Dutsen Alhaji, Abuja FCT. 07068259254, 09060732488

BWARI: Atanu Plaza, Beside Peace Park, Opposite Bwari Market, Bwari Abuja FCT. 08138622678, 09065450205

MARARABA: Fortress Plaza, Shop No. C7 2nd Floor, Abuja/Kiffi Exp. Way, Sharp Corner, Mararaba, Abuja FCT. 08100784750, 09060942743

MPAPE:

Suit No. 109 By Oceanic/Begger Junction, Mpape, Abuja FCT. 08066745186, 09064999439

KURUDU:

De-Bright Piaza, Kurudu Junction, By Orozo/Karshi Road, Abuja FCT. 09036188267, 09068730988