

**LIBRACIN NATURAL MEDICINE IND. LTD**



# DIABETES

**- CAUSES & NATURAL REMEDY -**

Dr. Bestman Anyatonwu

## **MEANING**

Diabetes is a disease that occurs when there is much sugar concentration in the blood, characterized by too much flow of urine basically due to the failure of the pancreas in producing the chemical or hormone called INSULIN which controls sugar glucose in the blood.

## **TYPES OF DIABETES:**

1. Diabetes Insipidus
2. Diabetes Mellitus

Diabetes Insipidus is the rarer and is caused by an inadequately functioning pituitary hormone (Vasopressin) or kidney which somehow cannot respond properly to it.

Diabetes Mellitus is caused by a defect in the production of insulin by the pancreas. Without Insulin, the body cannot utilize glucose which is an important blood sugar.

A blood glucose level above hundred and eighty milligrams percent (180mg) causes excess sugar to spill over into the urine and make it sweet.

## **CAUSES: WHY YOU ARE DIABETIC**

You are diabetic because the islet cells in your pancreas have ceased to produce insulin and, in this case, your own is called insulin-independent diabetes.

Also, you can be diabetic as a result of unhealthy eating practice or as a result of a malfunction of the insulin you produce inside yourself. In this case, yours is called non-insulin dependent diabetes (mellitus) because you are still producing insulin only that it is not working properly may be as a result of hormonal issues.

## SYMPTOMS

- Passing a lot of urine
- Feeling thirsty often
- Losing weight
- Blurring of vision
- Cramps in legs especially at night
- Blood and urine tests will show excess sugar
- Ants will visit and sip your urine because of excess sugar
- General weakness etc.

## ADVICE:

### *Are There Foods That You Should Avoid or Eat?*

Yes, avoid foods that are high in sugar content: carbohydrates-potatoes, yam, cassava, fruit, all turn into sugar in the blood. Also avoid cakes, sweet fried foods, butter, margarine. It is safer to take beans, unripe plantain, vegetables, fish. You can garnish your herb tea with pure honey

### *Should I Take Sugary Drinks?*

NO! they are quickly turned into sugar in the blood and will increase your blood sugar. You can take SODA WATER.

### *What of Exercise?*

You may do any exercise your body can tolerate.

## HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

- a) **Nutricare:** <http://libracin.com/product/nutricare-herbal-tablet/>
- b) **Neem Tea:** <http://libracin.com/product/neem-tea-plus-vernonia-bitters/>
- c) **Phyl Fresh:** > <http://libracin.com/product/phyil-fresh-herbal-tea/>
- d) **Aloe Vera:** <http://libracin.com/product/nutri-shield/>
- e) **Phyto Bliss:** <http://libracin.com/product/phyto-bliss-herbal-tea/>
- f) **Nutrishield:** <http://libracin.com/product/nutrishield/>
- g) **Bitters of Green:** <http://libracin.com/product/bitters-of-green-complex/>



## CONTACT US



**LIBRACIN**  
NATURAL MEDICINE IND. LTD.  
*enriching lives for better*

123 Ulasi Road, Aba/P.O.Box 3365, Aba, Abia State, Nigeria

Phone: (234) 08037504426, 08132836825, 07038595483, 08038920771, 08052978050, 08179705615,  
09092986907, 08107508177, 09067998409, 09068750055, 09065449561

Email: [info@libracin.com](mailto:info@libracin.com) OR [libracinweb2@yahoo.com](mailto:libracinweb2@yahoo.com)

[www.facebook.com/libracinnaturalmedicine](https://www.facebook.com/libracinnaturalmedicine)

[www.libracin.com](http://www.libracin.com)

## BRANCHES

### LAGOS:

#### OSHODI:

447, 2nd Floor (back) Agege Motor way,  
Bolade Bus stop, Oshodi Lagos State.  
09065409970, 08035258845.

#### SURULERE:

1B Adeniyi Adefioye Street,  
Marsha -Kilo Link Road,  
Car Wash, Ikate Surulere, Lagos State.  
09067687536, 08156811248  
09079852695, 08170715107

### ABUJA FCT:

#### KUBWA:

Hadza Plaza,  
Opposite Channel 8 Junction,  
Kubwa Abuja, FCT.  
08104248293, 08060738106

#### ZUBA:

Shop No B4, Zuba Plaza,  
Zuba, Abuja FCT.  
09094061768, 09060823886

#### DUTSEN:

Shop 60/61 MMG Shopping Complex,  
1st Gate, Dutsen Alhaji, Abuja FCT.  
07068259254, 09060732488

#### BWARI:

Atanu Plaza, Beside Peace Park,  
Opposite Bwari Market, Bwari Abuja FCT.  
08138622678, 09065450205

#### MARARABA:

Fortress Plaza, Shop No. C7 2nd Floor,  
Abuja/Kiffi Exp. Way, Sharp Corner,  
Mararaba, Abuja FCT.  
08100784750, 09060942743

#### MPAPE:

Ansar Plaza,  
Sult No. 109 By Oceanic/Begger Junction,  
Mape, Abuja FCT.  
08066745186, 09064999439

#### KURUDU:

De-Bright Plaza, Kurudu Junction,  
By Orozo/Karshi Road, Abuja FCT.  
09036188267, 09068730988