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MEANING

Chlamydia is an infection by the bacteria Chlamydia trachomatis; some scientists believe it to be the most common bacterial Sexual Transmitted Infections (STI) in the world.

Chlamydia infection can affect several organs including the penis, vagina, cervix, urethra, anus, eye, and throat and can cause serious and sometimes permanent damage to the reproductive system.

CAUSES

Chlamydia may be transmitted by:

- 1. Having unprotected vaginal sex with an infected person
- 2. Having unprotected anal sex with an infected person
- 3. Having unprotected oral sex with an infected person
- 4. Having genital contact with an infected person

As chlamydial infection presents no symptoms in at least 70 percent of carriers, an infected person may pass it on to their sexual partner without knowing.

Childbirth: An infected mother can pass the infection on to her baby during childbirth. Sometimes, the infection may lead to complications for the infant, such as pneumonia.

Chlamydia cannot be transmitted through:

- Contact with a toilet seat that has been used by an infected person
- Sharing a sauna with infected people
- Sharing a swimming pool with infected people
- Touching a surface that an infected person had previously touched or coughed/sneezed on.
- Standing close to an infected person, inhaling the air after they have coughed or sneezed
- Sharing an office with an infected colleague.

The bacterium, Chlamydophila pneumoniae, which causes respiratory infections, including pneumonia, is different from C. trachomatis, the sexually transmitted infection.

Chlamydophila pneumonia is an airborne bacterium and is not a sexually transmitted infection. This article focuses entirely on C. trachomatis.

SYMPTOMS

Although most people with chlamydia do not exhibit symptoms, they may start to appear 5-10 days after contracting the infection.

Chlamydia symptoms specifically affecting women may include:

- Abdominal pain
- Vaginal discharge foul-smelling, yellow cervical discharge
- Bleeding between periods
- Low-grade fever
- Painful intercourse, bleeding after intercourse, burning with urination, swelling in vagina or around anus
- Needing to urinate more often or discomfort with urinating
- Chlamydia symptoms specifically affecting men may include:1,2
- Pain and burning with urination
- Penile discharge (pus, watery or milky discharge)
- Testicle swelling and tenderness

If the rectum is affected in men or women, it can cause anal irritation. Most people, though, have no symptoms at all.

COMPLICATIONS OF CHLAMYDIA

Early diagnosis and treatment greatly reduce the risk of complications. Complications can be prevented with regular screening, or by seeking medical attention as soon as symptoms appear.

CHLAMYDIA COMPLICATIONS (IN WOMEN)

Pelvic Inflammatory Disease (PID): An infection of the ovaries, fallopian tubes, and uterus, that can lead to infertility. Approximately 10-15 percent of women will develop PID if the chlamydia is untreated. Cervicitis - inflammation of the cervix (neck of the womb). Symptoms can include a vaginal discharge that contains pus and pain during intercourse.

Salpingitis - inflammation of the fallopian tubes. If the fallopian tubes become blocked, the egg will not be able to pass along or enter the fallopian tube. There is a significantly increased risk of ectopic pregnancy.

CHLAMYDIA COMPLICATIONS (IN MEN)

Urethritis: The urethra, a tube which carries urine from the bladder to the end of the penis, becomes inflamed. Symptoms include a discharge with yellow pus, mucus with pus, or just clear mucus at the opening (the hole at the end of the penis where urine comes out).

Epididymitis: Inflammation of the epididymis, a structure inside the scrotum (sack that holds the testicles). Signs and symptoms include red, swollen, and warm scrotum, testicle pain and tenderness which is usually on one side, painful urination, frequent urination, painful ejaculation, painful intercourse before ejaculation, lump in testicle, swollen inguinal nodes (lymph nodes in the groin), discharge from penis, and blood in the semen.

CHLAMYDIA COMPLICATIONS (IN BOTH GENDERS)

Reiter syndrome: A chronic type of inflammatory arthritis. This can include arthritis, conjunctivitis (inflammation of the eyes), and inflammation of the genital, urinary, and gastrointestinal systems. The body's organs, as well as the joints, can become affected. Serious inflammation can affect the eyes, kidneys, heart, skin, lungs, and mouth.

HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

a) Neem Tea: http://libracin.com/product/neem-tea/

b) **Bounty Herbal Tea:** http://libracin.com/product/bounty-herbal-tea/

c) Libracin Herbal Tablet: http://libracin.com/product/libracin-herbal-tablet-sp/

d) **Nutrishield:** http://libracin.com/product/nutrishield/













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BRANCHES

LAGOS:

OSHODI:

447, 2nd Floor (back) Agege Motor way, Bolade Bus stop, Oshodi Lagos State. 09065409970, 08035258845.

SURULERE:

1B Adeniyi Adefioye Street, Marsha -Kilo Link Road, Car Wash, ikate Surulere, Lagos State. 09067687536, 08156811248 09079852695, 08170715107

ABUJA FCT:

KUBWA:

Hadza Plaza, Opposite Channel 8 Junction, Kubwa Abuja, FCT. 08104248293, 08060738106

Shop No B4, Zuba Plaza, Zuba, Abuja FCT. 09094061768, 09060823886

DUTSEN:

Shop 60/61 MMG Shopping Complex, 1st Gate, Dutsen Alhaji, Abuja FCT. 07068259254, 09060732488

BWARI: Atanu Plaza, Beside Peace Park, Opposite Bwari Market, Bwari Abuja FCT. 08138622678, 09065450205

MARARABA: Fortress Plaza, Shop No. C7 2nd Floor, Abuja/Kiffi Exp. Way, Sharp Corner, Mararaba, Abuja FCT. 08100784750, 09060942743

MPAPE:

Suit No. 109 By Oceanic/Begger Junction, Mpape, Abuja FCT. 08066745186, 09064999439 KURUDU:

De-Bright Piaza, Kurudu Junction, By Orozo/Karshi Road, Abuja FCT. 09036188267, 09068730988