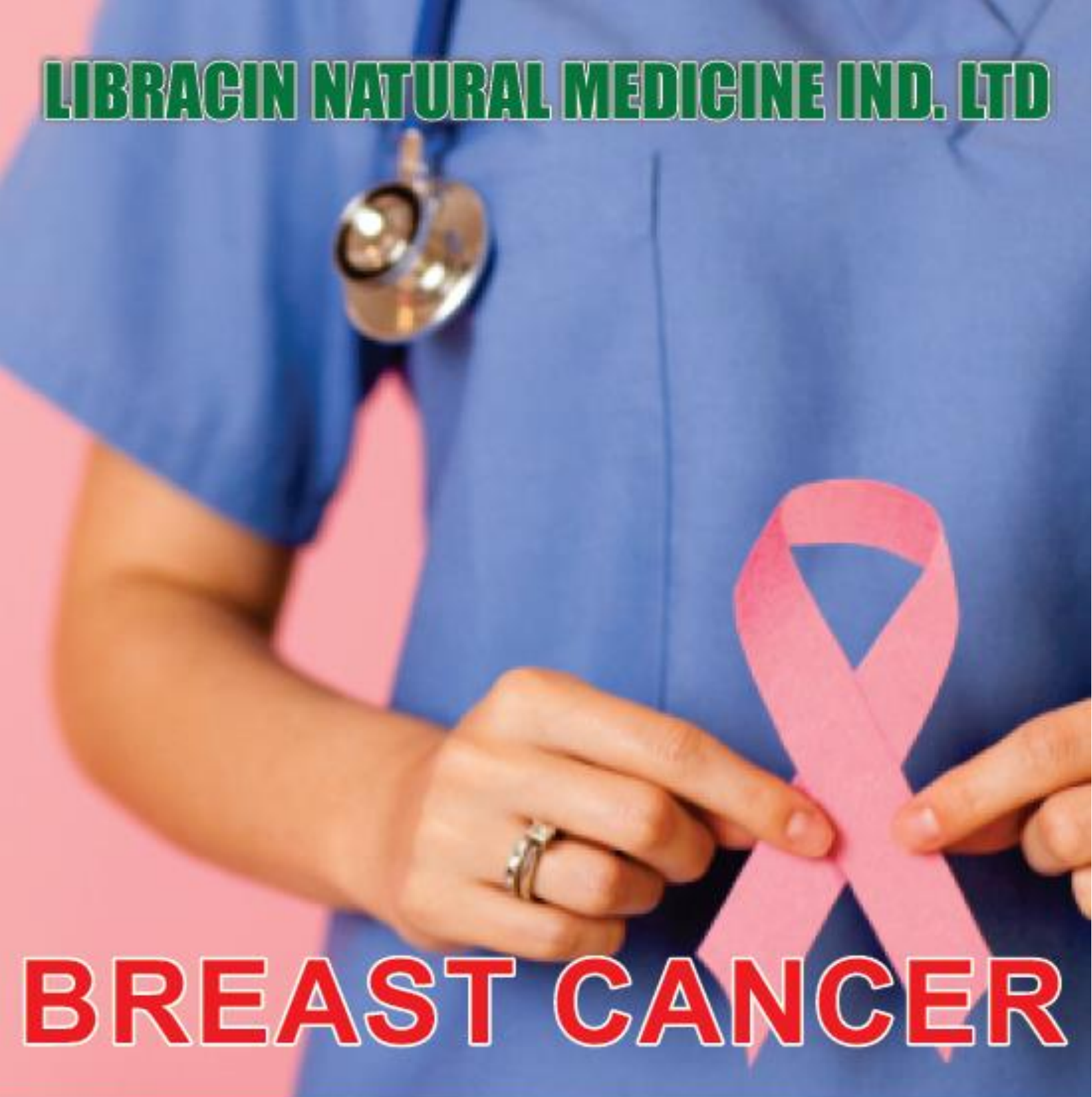


LIBRACIN NATURAL MEDICINE IND. LTD



BREAST CANCER

CAUSES & NATURAL REMEDY

Dr. Bestman Anyatorwu

MEANING

Breast cancer rates are much higher in developed nations compared to developing ones. There are several reasons for this, with possibly life-expectancy being one of the key factors - breast cancer is more common in elderly women; women in the richest countries live much longer than those in the poorest nations. The different lifestyles and eating habits of females in rich and poor countries are also contributory factors, experts believe. A mature human female's breast consists of fat, connective tissue and thousands of lobules - tiny glands which produce milk. The milk of a breastfeeding mother goes through tiny ducts (tubes) and is delivered through the nipple. The breast, like any other part of the body, consists of billions of microscopic cells. These cells multiply in an orderly fashion - new cells are made to replace the ones that died.

In cancer, the cells multiply uncontrollably, and there are too many cells, progressively more and more than there should be. Cancer that begins in the lactiferous duct (milk duct), known as ductal carcinoma, is the most common type. Cancer that begins in the lobules, known as lobular carcinoma, is much less common.

CAUSES

Experts are not definitively sure what causes breast cancer. It is hard to say why one person develops the disease while another does not.

We know that some risk factors can impact on a woman's likelihood of developing breast cancer.

These are:

1. **Getting older:** The older a woman gets, the higher is her risk of developing breast cancer; age is a risk factor. Over 80% of all female breast cancers occur among women aged 50+ years (after the menopause).

2. **Genetics:** Women who have a close relative who has/had breast or ovarian cancer are more likely to develop breast cancer. If two close family members develop the disease, it does not necessarily mean they shared the genes that make them more vulnerable, because breast cancer is a relatively common cancer. The majority of breast cancers are not hereditary. Women who carry the BRCA1 and BRCA2 genes have a considerably higher risk of developing breast and/or ovarian cancer. These genes can be inherited. TP53, another gene, is also linked to greater breast cancer risk.
3. **A history of breast cancer:** Women who have had breast cancer, even non-invasive cancer, are more likely to develop the disease again, compared to women who have no history of the disease.
4. **Having had certain types of breast lumps:** Women who have had some types of benign (non-cancerous) breast lumps are more likely to develop cancer later on. Examples include atypical ductal hyperplasia or lobular carcinoma in situ.
5. **Dense breast tissue:** Women with denser breast tissue have a greater chance of developing breast cancer.
6. **Estrogen exposure:** Women who started having periods earlier or entered menopause later than usual have a higher risk of developing breast cancer. This is because their bodies have been exposed to estrogen for longer. Estrogen exposure begins when periods start and drops dramatically during the menopause.
7. **Obesity:** Post-menopausal obese and overweight women may have a higher risk of developing breast cancer. Experts say that there are higher levels of estrogen in obese menopausal women, which may be the cause of the higher risk.
8. **Height:** Taller-than-average women have a slightly greater likelihood of developing breast cancer than shorter-than-average women. Experts are not sure why.

9. **Alcohol consumption:** The more alcohol a woman regularly drinks, the higher her risk of developing breast cancer is. If a woman wants to drink, she should not exceed one alcoholic beverage per day.
10. **Radiation exposure:** Undergoing X-rays and CT scans may raise a woman's risk of developing breast cancer slightly. Scientists at the Memorial Sloan-Kettering Cancer Centre found that women who had been treated with radiation to the chest for a childhood cancer have a higher risk of developing breast cancer.
11. **HRT (hormone replacement therapy):** Both forms, combined and estrogen-only HRT therapies may increase a woman's risk of developing breast cancer slightly. Combined HRT causes a higher risk.
12. **Certain jobs:** French researchers found that women who worked at night prior to a first pregnancy had a higher risk of eventually developing breast cancer.

SYMPTOMS

A symptom is only felt by the patient, and is described to the doctor or nurse, such as a headache or pain. A sign is something the patient and others can detect, for example, a rash or swelling.

The first symptoms of breast cancer are usually an area of thickened tissue in the woman's breast, or a lump. The majority of lumps are not cancerous; however, women should get them checked by a health care professional. Women who detect any of the following signs or symptoms should tell their doctor:

- A lump in a breast
- A pain in the armpits or breast that does not seem to be related to the woman's menstrual period
- Pitting or redness of the skin of the breast; like the skin of an orange

- A rash around (or on) one of the nipples
- A swelling (lump) in one of the armpits
- An area of thickened tissue in a breast
- One of the nipples has a discharge; sometimes it may contain blood
- The nipple changes in appearance; it may become sunken or inverted
- The size or the shape of the breast changes
- The nipple-skin or breast-skin may have started to peel, scale or flake.

HERBAL REMEDY

Libracin detoxification herbal alternative is the answer:

- Neem Tea:** <http://libracin.com/product/neem-tea/>
- Bounty Herbal Tea:** <http://libracin.com/product/bounty-herbal-tea/>
- Phyl Fresh:** <http://libracin.com/product/phyil-fresh-herbal-tea/>
- Nutrishield:** <http://libracin.com/product/nutrishield/>



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