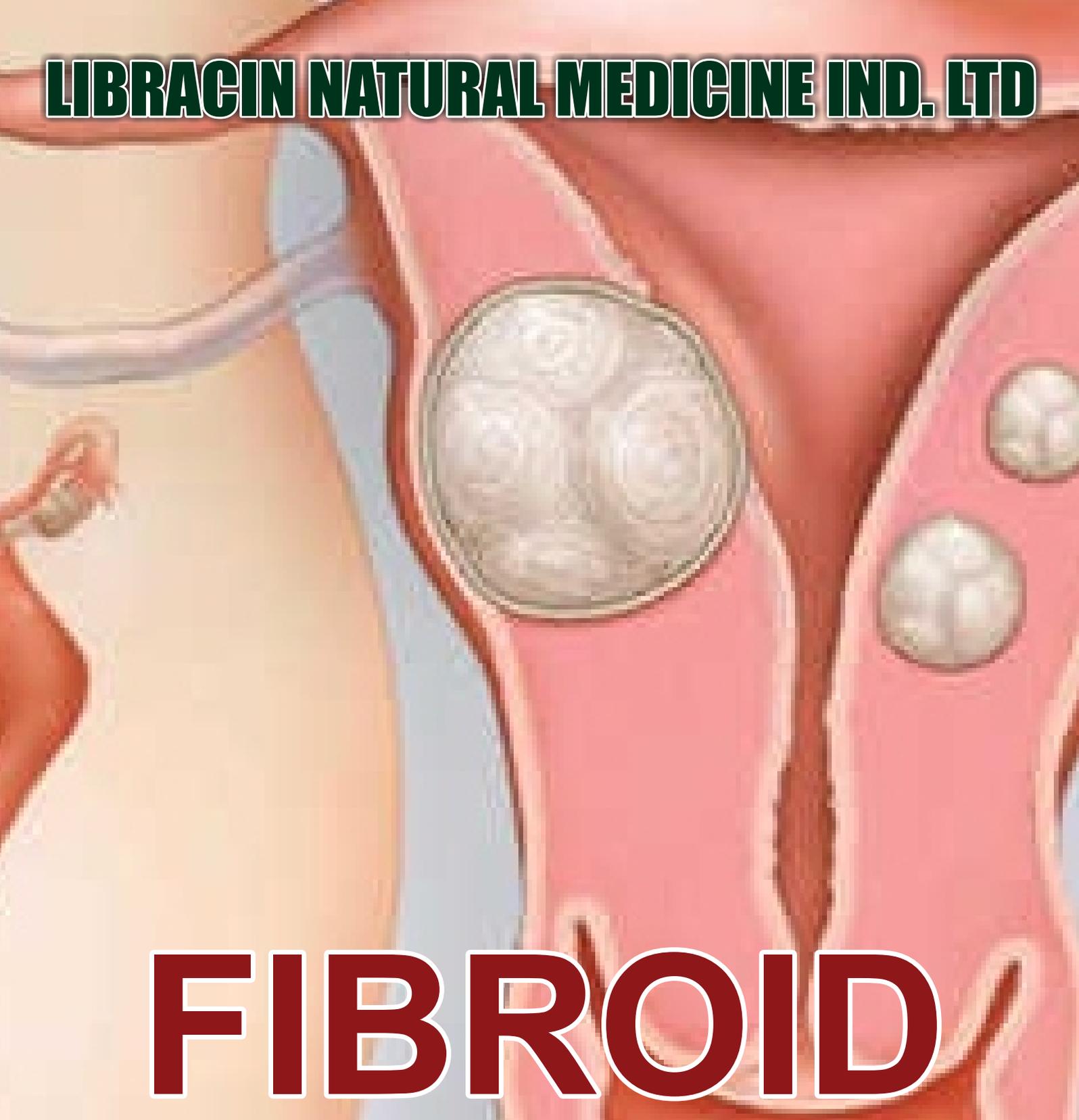


LIBRACIN NATURAL MEDICINE IND. LTD



FIBROID

- CAUSES & NATURAL REMEDY -

Dr. Bestman Anyatonwu

MEANING

Fibroids are non-cancerous (benign) tumors that grow from the muscle layers of the uterus (womb). They are also known as uterine fibroids, leiomyomas, or myomas.

Fibroids are growths of smooth muscle, and can vary from the size of a bean to as large as a melon.

Fibroids affect at least 20 percent of all women at some point in their life. Women of reproductive age are the most likely to develop them. Also, overweight and obese women have a significantly higher risk of developing fibroids, compared with women of normal weight.

Four types of fibroids

There are four types of fibroids, characterized by their location in the uterus:

Intramural - located in the wall of the uterus, this is the most common type.

Subserosal fibroids - located outside the wall of the uterus but underneath the tissue layer that surrounds the uterus. They can develop into pedunculated fibroids (stalks) and become quite large.

Submucosal fibroids - located in the muscle beneath the lining of the uterus wall. This type can protrude into the cavity of the uterus.

Cervical fibroids - located in the neck of the womb (the cervix).

CAUSES

Caffeine may increase the risk of fibroids.

Experts cannot come to a common consensus about why fibroids occur.

During a woman's reproductive years, estrogen and progesterone levels are high. When estrogen levels are high, especially during pregnancy, fibroids tend to swell. When estrogen levels are low, fibroids may shrink, for example, during a woman's menopause.

Heredity may also be a factor; women whose close relatives have had fibroids have a higher risk of developing them.

There is also some evidence that red meats, alcohol, and caffeine could increase the risk of fibroids. Also, an increased intake of fruit and vegetables might reduce the risk.



Your symptoms will depend on the location and size of the tumor(s) and how many tumors you have. If your tumor is very small, or if you are going through menopause, you may not have any symptoms. Fibroids may shrink during and after menopause.

Symptoms:

Miscarriage, high blood pressure, vaginal discharge, pale skin.

Most women have no symptoms, but around 1 in 3 will experience symptoms, which may include:

Anemia (as a result of heavy periods)

Backache

Constipation

Discomfort in the lower abdomen (especially if fibroids are large)

Frequent urination

Heavy, painful periods

Pain in the legs

Painful sex

Swelling in the lower abdomen (especially if fibroids are large)

Other possible symptoms of uterine fibroids include:

Labor problems

Pregnancy problems

Fertility problems

Repeated miscarriages

Other Symptoms of fibroids may include:

heavy bleeding between or during your periods that includes blood clots

pain in the pelvis and/or lower back

increased menstrual cramping

increased urination

pain during intercourse

menstruation that lasts longer than usual

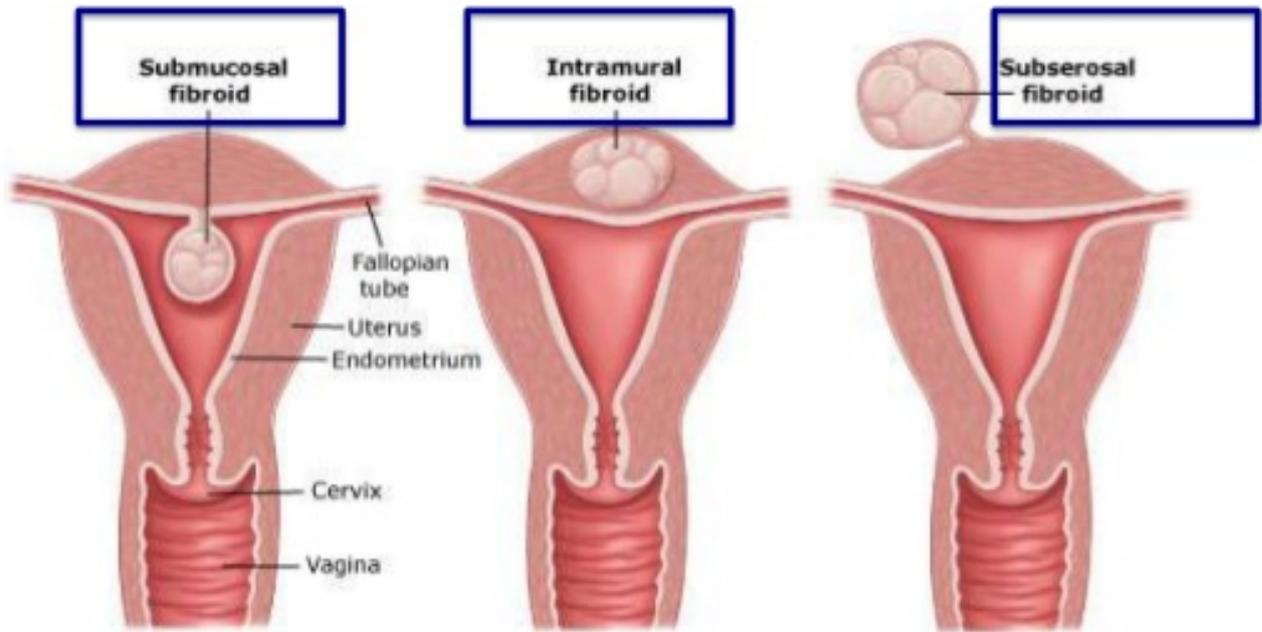
pressure or fullness in your lower abdomen

swelling or enlargement of the abdomen



CLASSIFICATIONS

Fibroids are often described according to their location in the uterus



**NATURAL
REMEDY**

Libracin natural herbal supplement is the answer:

A. Phyto Bliss Herbal tea > <http://libracin.com/product/bitters-of-green-complex/?ref=19>

B. Neem Tea > <http://libracin.com/product/neem-tea/?ref=19>

C. Stage A Herbal Tea > <http://libracin.com/product/stage-a-herbal-tea/?ref=19>

D. Aloe Vera > <http://libracin.com/product/aloe-vera-plus-bitter-aloes/?ref=19>

E. Nutrishield > <http://libracin.com/product/nutrishield/?ref=19>

F. Queek Triim > <http://libracin.com/product/queek-triim-herbal-tea>

G. Multi Herbal Tea > <http://libracin.com/product/multi-herbal-tea>



Libracin Natural Medicine Ind. Ltd

